

2022 EVENT SCHEDULE

Schedule of events is tentative and subject to change. Last updated 3/29/2022.



FRIDAY, MAY 20, 2022

START	END	EVENT	LOCATION
2 PM	7 PM	Athlete Check-In <i>(By Appointment Only)</i>	Ross's Landing
2 PM	7 PM	IRONMAN Village <ul style="list-style-type: none"> ▪ Information Tent ▪ VIP Spectator Credential Pick-Up ▪ PLAYTRI Triathlon Store & Tech Service Center ▪ IRONKIDS Fun Run Registration 	Ross's Landing
2 PM	7 PM	Official IRONMAN Store	Ross's Landing
3 PM		Athlete Briefing	Ross's Landing
5 PM		Athlete Briefing	Ross's Landing

SATURDAY, MAY 21, 2022

START	END	EVENT	LOCATION
7:30 AM		IRONKIDS Fun Run Registration	Ross's Landing
9 AM		IRONKIDS Fun Run	Ross's Landing
10 AM	4 PM	Athlete Check-In <i>(By Appointment Only)</i>	Ross's Landing
10 AM	4 PM	IRONMAN Village <ul style="list-style-type: none"> ▪ Information Tent ▪ VIP Spectator Credential Pick-Up ▪ PLAYTRI Triathlon Store & Tech Service Center 	Ross's Landing
10 AM	4 PM	Official IRONMAN Store	Ross's Landing
10:30 AM	4:30 PM	Mandatory Bike Check-In	Ross's Landing
11 AM		Athlete Briefing	Ross's Landing
12:30 PM		Pro Panel	Ross's Landing
1 PM		Athlete Briefing	Ross's Landing
3 PM		Athlete Briefing	Ross's Landing

SUNDAY, MAY 22, 2022 - RACE DAY!

START	END	EVENT	LOCATION
4:30 AM	6:15 AM	Transition Area Open	Ross's Landing
4:30 AM	6:45 AM	Shuttle Bus for Athletes Only from Transition to Swim Start	Ross's Landing to Swim Start
5 AM	4 PM	Information Tent	Ross's Landing
6:50 AM		Pro Race Start	1.4 Miles Upriver from Ross's Landing
7 AM		Age Group Race Start	1.4 Miles Upriver from Ross's Landing
7 AM	3 PM	IRONMAN Village	Ross's Landing
7 AM	3 PM	Official IRONMAN Store	Ross's Landing
11 AM	5:30 PM	Athlete Food Tent	Ross's Landing
2 PM	5:30 PM	Mandatory Bike & Gear Check-Out	Ross's Landing
4 PM		Awards Ceremony & 2022 Intermountain Healthcare IRONMAN 70.3 World Championship Slot Allocation/Rolldown Ceremony	Awards Tent

**Slot Allocation/Rolldown will begin immediately following Awards - Be Early!*